

Reflection: For This Reason

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Today, I began a reflection series inspired by the theme 'For This Reason.' This theme served as the foundation for the book I published last year, FOR THIS REASON: The Quest for Purposeful Leadership, and for the Rational Gates Leadership Development Programs.

FOR THIS REASON

In *Mark 1:38*, Jesus said, *"I came into this world for this reason."*

This profound statement captures the essence of purpose. For Jesus, His reason defined:

- **Who He was** (Identity)
- **His vision** (What He sought to accomplish)
- **His mission** (The daily actions He took to fulfill that vision)

As leaders, we can draw inspiration from this. Begin each day by asking yourself:

"For what reason am I here?"

The answer to this question brings clarity, focus, and purpose to your day. It gives you the strength and perspective you need to navigate challenges. Your reason becomes the anchor for:

- **Identity** – Who you are as a leader
 - **Vision** – The future you are striving to create
 - **Mission** – The actions you take daily to fulfill your purpose
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A Simple Framework for Reflection

To better understand your reason as a leader, reflect on the following:

1. Purpose – *Why do I exist as a leader?*

- Is it to serve others?
- To create meaningful impact?
- To solve a specific problem?

2. Calling – *What have I been uniquely shaped to do?*

- Consider your strengths, experiences, and values.
- Reflect on the needs or challenges you feel drawn to address.

3. Impact – *Who benefits from my leadership?*

- Your team, community, organization, or family.
- Think about the positive changes that occur because of your leadership.

4. Direction – *What does “living my reason” look like daily?*

- What decisions do you prioritize?
- What behaviors do you model?
- What standards do you hold yourself and others to?

By consistently reflecting on these questions, you can align your leadership with intentionality and purpose. Remember, knowing your *reason* doesn't just guide your actions—it shapes who you are and the legacy you leave behind.

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#leadership #purpose #leadership development